

School Wellness Policy Score Sheet

District ID 2168

The following tables include wellness policy statement numbers and item descriptions broken down by section. Please rate the level to which each policy item is addressed in the school wellness policy.

0 = Not mentioned

1 = Weak Statement

2,3,4 = Meets/Exceeds Expectations

Section 1. Nutrition Education and Wellness Promotion		
Rating	#	Item
0	NEWP1	Provides nutrition curriculum for each grade level.
2	NEWP2	Links nutrition education with the school food environment.
1	NEWP3	Nutrition education teaches skills that are behavior focused.
0	NEWP4	Encourages staff to be role models for healthy behaviors.
2	NEWP5	Specifies district using the Centers for Disease Control and Prevention's (CDC) Coordinated School health program model or other coordinated/comprehensive method.
0	NEWP6	Specifies how district will engage families to provide information and/or solicit input to meet district wellness goals (e.g., through website, e-mail, parent conferences, or events).
2	NEWP7	Specifies marketing to promote healthy choices.
1	NEWP8	Specifies restricting marketing of unhealthful choices.
2	NEWP9	Establishes an advisory committee to address health and wellness that is ongoing beyond policy development.
Section 2. Standard for USDA Child Nutrition Programs and School Meals		
Rating	#	Item
2	US1	Addresses access to and/or promotion of the School Breakfast Program (USDA)
1	US2	Addresses nutrition standards for school meals beyond USDA (National School Lunch Program / School Breakfast Program) minimum standards. Note: USDA "school meals" include beverages served with the meal.
1	US3	Specifies strategies to increase participation in school meal programs. ("School meal programs" can be assumed to refer to breakfast and/or lunch.)
2	US4	Ensures adequate time to eat.
0	US5	Ensures nutrition training for food service director and/or onsite manager (or other person responsible for menu planning).
2	US6	Addresses school meal environment.
1	US7	Nutrition information for school meals (e.g. calories, saturated fat, sugar) is available.
Section 3. Nutrition Standards for Competitive and Other Foods and Beverages		
Rating	#	Item
1	NS1	Regulates vending machines.
1	NS2	Regulates school stores. Note: If policy only mentions concessions or snack bars, do not code for school stores, unless policy defines concessions and/or snack bars as including school stores.
N/A	NS3	Regulates food service a la carte OR food sold as an alternative to the reimbursable school meal program (if not defined as to what this means).
0	NS4	Regulates food served at class parties and other school celebrations.
0	NS5	Addresses limiting sugar content of foods sold/served outside of USDA meals.
0	NS6	Addresses limiting fat content of foods sold/served outside of USDA meals.
0	NS7	Addresses limiting sodium content of foods sold/served outside of USDA meals.
0	NS8	Addresses limiting calorie content per serving size of foods sold/served outside of USDA meals.
0	NS9	Addresses increasing "whole foods" (whole grains, unprocessed foods, or fresh produce) sold/served outside of USDA meals.
0	NS10	Addresses food not being used as a reward.
0	NS11	Addresses limiting sugar content of beverages sold/served outside of USDA meals. (If the policy specifies guidelines for limiting added sugar in food, do not assume these guidelines apply to beverages).
0	NS12	Addresses limiting regular (sugar-sweetened) soda sold/served outside of USDA meals. (If the policy specifies guidelines for limiting added sugar in food, do not assume these guidelines apply to beverages).

N/A	NS13	Addresses limiting fat content of milk sold/served outside of school meals. (If the policy addresses limiting the fat content of foods, do not assume these policies apply to milk).
0	NS14	Addresses serving size limits for beverages sold/served outside of school meals.
0	NS15	Addresses access to free drinking water.
0	NS16	Regulates food sold for fundraising at all times (not only during the school day).

Section 4. Physical Education and Physical Activity

Rating	#	Item
1	PEPA1	Addresses written physical education curriculum/program for each grade level.
1	PEPA2	Addresses time per week of physical education for elementary school students
1	PEPA3	Addresses time per week of physical education for middle school students.
1	PEPA4	Addresses time per week of physical education for high school students.
1	PEPA5	Addresses teacher-student ratio for physical education
1	PEPA6	Addresses adequate equipment and facilities for physical education.
2	PEPA7	Addresses qualifications for physical education instructors.
2	PEPA8	District provides physical education training for physical education teachers.
2	PEPA9	Addresses physical education waiver requirements (e.g., substituting physical education requirement with other activities).
1	PEPA10	Regular physical activity breaks are provided for elementary school students during classroom time, not including PE and recess.
0	PEPA11	Addresses structured physical activity before or after school through clubs, classes, intramurals or interscholastic activities.
1	PEPA12	Addresses community use of school facilities for physical activity outside of the school day.
1	PEPA13	Addresses not restricting physical activity as punishment.
2	PEPA14	Addresses provision of daily recess in elementary school.

Section 5. Evaluation

Rating	#	Item
1	E1	Establishes a plan for policy implementation.
0	E2	Addresses a plan for policy evaluation.
1	E3	Addresses providing a progress report to a specific audience.
0	E4	Identifies a plan for revising the policy.

Review scoring information on page 4.

Section 1: Comprehensiveness= (total # of items in Section 1 receiving a "1" or "2" /9) x 100= $\frac{6}{9}$ 66%

Strength= (total number of items in Section 1 receiving a "2" /9) x 100= $\frac{4}{9}$ 44%

Section 2: Comprehensiveness= (total # of items in Section 2 receiving a "1" or "2" /7) x 100= $\frac{6}{7}$ 85%

Strength= (total number of items in Section 2 receiving a "2" /7) x 100= $\frac{3}{7}$ 43%

Section 3: Comprehensiveness= (total # of items in Section 3 receiving a "1", "2", "3", or "4" /16) x 100= $\frac{2}{16}$ 12.5%

Strength= (total number of items in the Section 3 receiving a "2", "3", or "4" /16) x 100= $\frac{0}{16}$ 0%

Section 4: Comprehensiveness= (total # of items in Section 4 receiving a "1" or "2" /14) x 100= $\frac{13}{14}$ 93%

Strength= (total number of items in Section 4 receiving a "2" /14) x 100= $\frac{4}{14}$ 29%

Section 5: Comprehensiveness= (total # of items in Section 5 receiving a "1" or "2" /4) x 100= $\frac{2}{4}$ 50%

Strength= (total number of items in Section 5 receiving a "2" /4) x 100= $\frac{0}{4}$ 0%

Total Comprehensiveness= (total number of items in ALL sections receiving a "1", "2", "3", or "4" /50) x 100= $\frac{29}{50}$ 58%

Total Strength= (total number of items in ALL sections receiving a "2", "3", or "4" /50) x 100= $\frac{11}{50}$ 22%