



PANTHER NATION

NRHEG PUBLIC SCHOOLS

School and Community Activities and Information

PROUDLY EMBRACING THE COMMUNITIES OF: NEW RICHLAND, HARTLAND, ELLENDALE, AND GENEVA

2024 Fall & Winter Activities

October - December 2024



Stay **Connected** with the
NRHEG School District!

www.nrheg.k12.mn.us



FACEBOOK

NRHEG Elementary School
NRHEG Secondary School
NRHEG Community Education
NRHEG ECFE



Community

EDUCATION

NRHEG Public Schools

Community Education

ADVISORY COUNCIL

WE NEED YOU!

Our Community Education Advisory Council has several seats open. The council meets 4 times per year, dates TBD based on our volunteer's schedules during the academic year. Each meeting is approximately 1 hour in length.

If you are interested in serving on our council, please email Macy Whiteside at mwhiteside@nrheg.k12.mn.us or call 507-417-2667. Your input is important to us! Thank you for considering joining our team.

TABLE OF CONTENTS

- Adult Programming 14 - 16
- CE Registration info 18
- District Newsletter 3
- Driver's Education 12
- Early Childhood 5-7
- Elementary & Secondary Info 8, 13
- Food Service 12
- General Com. Ed Info 4
- MSHSL Activities/Athletics 13
- School Age Care 7-8
- Student Enrichment 9, 11
- Special Events 5, 16-17
- Youth Recreation 10-12

DISTRICT CONTACT INFORMATION:

Our Mission: Empowering students with knowledge and skills to succeed.

Our Vision: To be the school district of choice, inspiring excellence in academics, arts, and activities.

<p>DISTRICT OFFICE: Superintendent: Michael Meihak mmeihak@nrheg.k12.mn.us Admin. Assistant: Sue Kulseth skulseth@nrheg.k12.mn.us Phone: 507-465-3206 Fax: 507-465-8633</p>	<p>COMMUNITY EDUCATION: Director: Macy Whiteside mwhiteside@nrheg.k12.mn.us Phone: 507-417-2667 Fax: 507-465-8633 Assistant: Stacy Hutchens: shutchens@nrheg.k12.mn.us</p>
<p>ELEMENTARY SCHOOL: Elementary Principal: Craig Kopetzki ckopetzki@nrheg.k12.mn.us Admin. Assistant: Jean Greenwood jgreenwo@nrheg.k12.mn.us Phone: 507-684-3181 Fax: 507-684-2108</p>	<p>SECONDARY SCHOOL: Secondary Principal: Grant Berg gberg@nrheg@nrheg.k12.mn.us Admin Assistant: Nikki Cromwell ncromwell@nrheg.k12.mn.us Phone: 507-465-3205 Fax: 507-465-8633</p>
<p>ATHLETICS / ACTIVITIES: Athletic Director: Dan Stork dstork@nrheg.k12.mn.us Phone: 507-417-2628 Fax: 507-465-8633</p>	<p>TRANSPORTATION: Site Manager: Dan Schmidt dschmidt@nrheg.k12.mn.us Phone: 507-465-3205</p>

How to Become a Community Education Instructor:

Do you have a special talent or skill to share with others?

Every year NRHEG Community Education seeks individuals to hire as independent contractors to instruct our classes (youth or adult). While some of our instructors are professionals, we actively recruit people who have hobbies or expertise in an area, which can be developed into a class or workshop! Currently, we are looking for a co-dance instructor for our Youth Dance Program (serves approx. 65 children per season) located in New Richland or Ellendale for our surrounding communities!

Call Macy at (507) 417-2667, email: mwhiteside@nrheg.k12.mn.us or stop in-person (Monday-Thursday 8:00-3:00pm at the New Richland Secondary School) to learn more about our instructor qualifications and responsibilities.

NRHEG District Newsletter October 2024



A Letter from the Superintendent

Dear NRHEG Community,

As the vibrant colors of fall blanket our district, I am delighted to share some exciting updates and reflect on our recent accomplishments. This season is a time for renewal and growth, and it's a perfect opportunity to celebrate the hard work and dedication that defines our school community.

A Successful Start to the School Year

Our school year has begun with tremendous energy and enthusiasm. Thanks to the dedication of our incredible staff, we have been able to start strong, providing our students with a supportive and enriching learning environment. I am proud that our staff have embraced innovation and created engaging student experiences.

Celebrating Achievements

A special shout-out goes to Teaching and Learning Coordinator Jason Toupen, who spearheads our professional development in literacy development and growth. Our teachers are in the midst of intensive training programs to improve our students' literacy awareness. This state-mandated program will include all teachers and paraprofessionals over the next three years.

We are also very proud of the improvements made to the facilities over the summer months. The new parking lots at both sites are noticeable improvements for our district. Scott Schuller, our Buildings and Grounds Director, and his staff deserve acknowledgment for their extra efforts during construction. Our students and community members deserve the best facilities available; we continue to press forward with our mission and vision to provide the best in everything we do. Panther pride includes operating efficient buildings that appeal to our community and visitors. Let's be proud of what we have and who we are!

Upcoming Events and Initiatives

As we move into the season, we have several exciting events and initiatives on the horizon:

- **New website:** Sue Kluseth leads the charge and works with our contracted website developers. A new look website will be coming out in the Fall of 2024.
- **Co-Curricular Activities:** Our elementary and secondary students have many different opportunities to participate in co-curricular activities in addition to the Fine Arts and athletic programs that get more attention. Contact an administrative team member to learn more about how our students learn outside the classroom. We are always looking for community members to be involved in shaping our student's future, and these co-curricular activities may be your avenue to get involved.
- **Parent-Teacher Conferences:** These conferences are typically scheduled for October and November. They offer a valuable chance for parents and guardians to discuss their child's progress with teachers and learn more about how we can support their educational journey.

Focus on Well-Being

Our commitment to student well-being remains a top priority. Our classrooms are designed to support our students' academic and emotional needs. We believe a holistic approach to education fosters success in all areas of life.

Gratitude and Appreciation

I want to extend my deepest gratitude to our school community—students, parents, and all staff members. The NRHEG School District employs over 125 individuals. Every single one of our employees is considered an educational leader, as we all play a vital role in positively impacting the lives of our youth. Your continued support and involvement are also essential to our success. Together, we create a vibrant and nurturing environment where every student can thrive.

As we enjoy the beauty and bounty of fall, let us continue to work together with the same dedication and enthusiasm that defines our district. I look forward to the many accomplishments and milestones that lie ahead.

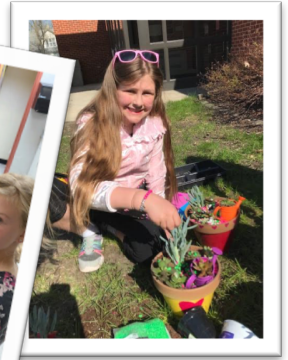
Thank you for your ongoing commitment to our students and our schools.

Warm regards,
Michael Meihak
Superintendent

What can be found on our website, nrheg.k12.mn.us/pages/NRHEG

Important information for Parents & Students like our: *Back to School Information *Student Handbooks *School Supply Lists *JMC Parent Access *High School Registration Manual *1:1 Mobile Device Orientation, Forms & Fees *Activities Calendar *Staff directory with Phone Numbers & Email Addresses *Meet the Teachers *Lunch Payment *Lunch Menus *Announcements *Forms from the Nurse *Inclement Weather Information *Contact Us *Transpiration Information *Environmental, Health & Safety Notices *Employment

Select District or Select a School, navigate the site or for assistance call Sue Kulseth at 507-465-3205 for help locating just what you are looking for. It's all THERE!



What is Community Education?

Community Education is an opportunity for local citizens, community schools, agencies and institutions to become active partners in addressing education and community concerns. Community Education embraces these beliefs: education is a lifelong process, everyone in the community shares a responsibility for the mission of educating all members of the community and citizens have a right and responsibility to link the needs of the resources to improve their community.



Services



Youth & Adult Programming

Classes provide youth and adults with educational and recreational programs to gain new skills and knowledge while building strong connections and empowering the community

Early Childhood Services

- Early Childhood Family Education (ECFE)
- Panther Preschool
- Early Childhood Screening

Facilities Rental

Need gathering space? We have it!



Youth Development Scholarships: Through the generous donation from the EF Johnson Foundation, we are able to offer \$50.00 scholarships per child for summer & fall programming – visit our website for guidelines and download the application or get one from your school office or email Macy at mwhiteside@nrheg.k12.mn.us! Income eligibility based off of the free/reduced lunch scale.



Facility Scheduling & Requests

Requests for the use of school facilities are made through the Community Education Office.

Please contact the office at 507-417-2667 and ask for a facility use form or go to the NRHEG website and find the form under Community Education.

A minimum of three week notice for use of facilities is required.

BECOME AN INSTRUCTOR!!

Share your talents with Community Education.

Community Education classes are flexible and designed to meet the needs of our instructors and the community. Volunteer and salaried positions are available.

For more information call: 507-417-2667

email: mwhiteside@nrheg.k12.mn.us

BIRTHDAY PARTY GYM RENTAL

Is your child having a large birthday party this year and you don't want to host it at home? Then give us a call about renting our school gym & cafeteria! We help clean up the mess and provide your birthday party crew with basketballs, dodgeballs, footballs, a parachute, hoola-hoops, jump ropes, kick balls, etc. Gym Party Rental fee is \$60 for 2 hours of gym time for free play/games and cafeteria time to eat.

Call 507-417-2667 or email mwhiteside@nrheg.k12.mn.us to check on gym availability (Ellendale or New Richland) and to schedule your party!

FREE

HALLOWEEN

KIDFEST

- * Arts & Crafts
- *Treats
- * Games & Activities
- *Costume Contest

Thursday Oct. 31st from 5:00-6:30pm

(stop in before trick or treating begins)

New Richland City Hall

Stop in anytime from 5-6:30pm to get into the spirit of Halloween before a fun night of trick or treating! You can make a craft (while supplies last), play some games, get some candy, and have your picture taken for our Facebook costume contest! Winners will be announced on Friday and you can stop by the school to claim your prize!



Check out page 17 for Santa Bingo!



Sat.
Nov 16
7:00pm

IT'S OUR ANNUAL

Turkey Bingo

Join us for an evening of Bingo & win a Turkey for your Thanksgiving Dinner!

****15 Games and a Black Out for \$15 per card****

Where: New Richland City Hall

Time: 7:00pm (doors open at 6:30pm)

Hosted by: the New Richland Commercial Club



FREE Family Event!!

You're Invited

Cookies with Santa

Saturday, NOV. 30
Stop in anytime from 9:30-Noon!

New Richland School
306 Ash Ave. South
(enter door #1E)

Activities will include...

- Bring your camera & take a picture with Santa & Mrs. Claus (10:00-11:30AM)
- Letters to Santa
- Crafts
- Gift Market
- Cookie decorating
- Reindeer food
- Fun games

Sponsored by the New Richland Commercial Club and Community Education

Do you have a young child at home?



IS YOUR FAMILY INCLUDED ON THE SCHOOL DISTRICT CENSUS?

Has there been a birth in your family? Have you recently moved into your neighborhood? Is there a new family in your neighborhood? ISD 2168 wants all families with young children to know about our programs and activities. Being on the school census also ensures that you will receive information regarding Early Childhood Family Education classes, Early Childhood Screening, and the Panther Preschool program information. In addition, funding for our Early Childhood Programs is based on the number of children on our census.

It is important that everyone be counted! To be added to the census, please call Karla at our school office, 417-2605 or find the form on our Community Education Website at www.nrheg.k12.mn.us under the community education tab.

Early childhood screening is mandated by the State of Minnesota for all children entering Kindergarten. The best time to have your child screened is between the ages of 3 and 4.



A navigator connecting pregnant and parenting families with young children (birth-8 years old) with services in their local communities that empower families to be healthy and safe.

mi MINNESOTA Help Me Connect is an interagency collaboration between Minnesota's Departments of Education, Health and Human Services. For more information, visit <https://helpmeconnect.web.health.state.mn.us/HelpMeConnect/>



Early Childhood SCREENING



Are you concerned about your child's development? Help Me Grow is a group of service providers working together to help area families. They provide free early intervention referral services to help families find and coordinate resources for their children aged birth to 5 years old.

- Help Me. Grow provides. Resources for families to understand developmental milestones and learn if there are concerns. This helps families take the lead in seeking additional support or referring their child for a comprehensive, confidential screening or evaluation at no cost.
- Help Me Grow is an interagency initiative of the State of Minnesota Department of Education, Department of Health and Department of Human Services. We partner with all local service. agencies.

Early Childhood Screening is FREE and the earlier the BETTER! When your child turns 3, please call 507-417-2667 to schedule a screening appointment.

UPCOMING SCREENING DATES: October 14-15-16, 2024 at the United Methodist Church in Ellendale

What is ECFE? Early Childhood Family Education (ECFE) is a NRHEG Public Schools program that provides parenting information and support to families whose children are birth to five years old (not yet enrolled in kindergarten). A variety of classes, pre-school options, and activities are offered for all age groups. Most ECFE classes follow a similar format: parent/child activity time followed by parent education time to discuss common concerns and experiences while their children participate in an early childhood classroom. School readiness skills and activities are an important part of all programming.



What does a typical ECFE class include?

Parent-Child Activity Time: Families explore a classroom filled with developmentally appropriate play materials and learning activities planned by a licensed early childhood teacher. These experiences foster a child's social, emotional, cognitive, physical, and language skills.

Parent Education Time: Parents meet with a licensed parent educator to share support, experiences, and information about child development and parenting techniques. Research on early brain development, parent-child relationships, child development, and guidance techniques are presented in ECFE classes.

Children's Activity Time: Children learn with the early childhood teacher and practice social skills as they interact with one another.

Adventures In Parenting This multi-age class focuses on a variety of family issues and activities. Topics covered in parent discussion time are determined through discussion of parent needs/interests, current research, and teacher suggestions including child development, school readiness, temperament, guiding behavior, and sibling relationships. During separation from parents, children interact with the Early Childhood staff and other children and typically have a snack, crafts, stories, music, and more time playing with peers. These classes are for preschoolers aged 2½ -5 years old and their parents, grandparents, or caregivers.

WINTER 2024 Session Classes will be held in the evenings in the New Richland or Ellendale Preschool classrooms. **\$15 per family.** Class locations may rotate between Ellendale and New Richland depending on participants' preferences.

Tuesday October 1st our first class will be located in New Richland at the Secondary School in room #C115 at 5:45-7:15pm (enter southeast playground doors #2S). The remainder of the classes will be held on Oct. 1, 8, 22, 29. Nov. 12, 19, 26.



GRANDPARENT'S NIGHT

Children Ages: 2 ½ - 5 YEARS OLD

A special time for grandma and/or grandpa (or special grandparent-like friend) to spend time with their favorite preschooler! You will make a project, play a game, read a book, and eat a snack together while making each other feel extra-special, as usual!

Cost: \$5.00 per child

Date: Tuesday, Jan. 28

Time: 6:00-7:15pm.

Location: New Richland School lower commons

NRHEG Panther Preschool

NRHEG Community Education and our School Readiness Programs take pride in investing in our youngest learners and in preparing children and families for success in school.

NRHEG Panther Preschool provides programming designed to help early childhood learners prepare for Kindergarten! Our program is designed for all families. We have a total of two sites for you to choose from (New Richland or Ellendale) for our 3-5 year old students.

** Our three year old students have classes 2 days per week (Tues/Thurs) in the morning (8-10:30am).

** Our four & five year old students have the option of 3 days (MWF 8-11am) or 4 days (M-Th. 12:15-3:15pm) per week (mornings (8-11am) and/or afternoons (12:15-3:15pm).

For more information visit: <https://www.nrheg.k12.mn.us/domain/50> or call/email Macy at 507-417-2667 / mwhiteside@nrheg.k12.mn.us

NRHEG School Age Care

Daycare for children ages 3 years - 5th grade.

6:45-5:45pm Monday-Friday.

- * All day care available for preschoolers in New Richland
- * Before/After school care for Bridges/Kindergarten - 5th graders in the Ellendale and New Richland schools.
- * Non-school day care located in New Richland and all summer!

- Also included...
- Kindergarten Readiness support
 - Homework help upon request
 - Fun recreational activities
 - Breakfast & snacks included
 - Arts & Crafts

Please call or email Macy at 507-417-2667, mwhiteside@nrheg.k12.mn.us for more information! Pricing varies based on your hours needed per week. Visit our website at: www.nrheg.k12.mn.us/Page/3214

Ellendale Elementary School Information

REMINDERS OF UPCOMING DATES & EVENTS:

OCTOBER

17 & 18 - no school (MEA Break)

NOVEMBER

4 & 5 - no school (teacher planning & staff development)

12 & 14 - Parent/Teacher Conferences

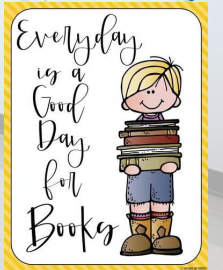
28 & 29 No School - Thanksgiving

DECEMBER

16 - Holiday Concert, 6:00pm for grades B/K-2, 7:30pm for grades 3-5

23- Jan. 1 No School, Winter break

Parents - Please take time to read to or with your student each day.



School Age Care

AGES: 3 YEARS - 5TH GRADE



STARTING

September 5th 2024

Hours: 6:45am- to 5:45pm Monday-Friday

New Richland & Ellendale Schools

*All day care available for children ages 3-5 years old in New Richland (enrolled in Panther Preschool)

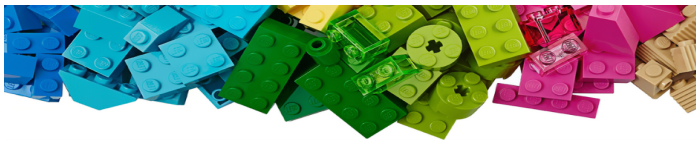
* Before / After School care for B/K - 5th grade in Ellendale and New Richland Schools

Please call or email Macy at mwhiteside@nrheg.k12.mn.us 507-417-2626 for more information

- *Preschool aged Before & After-School all-day Care
- *B/K-5th grade Before & After-School Care.
- *Kindergarten Readiness Support
- *Homework help upon request

- *Fun-Recreational Activities
- *Breakfast & Snacks Included
- *Care on Non-School & Summer Days
- *Arts & Crafts

Cost varies based on your hours needed per week visit our website at: www.nrheg.k12.mn.us/Page/3214



AFTER-SCHOOL LEGO® CLUB

Grades: 1-5

Calling all LEGO® Masters! We can't wait to see all your magnificent creations at LEGO® Club

What is LEGO® Club? Our LEGO® Club is all about sharing your ideas and creating new and fantastical creatures, vehicles, and structures. There will be time for imaginative creations along with individual and group challenges and contests to put your STEAM skills to the test!

Fall/Winter Session Dates:

Grades 1-2: Fridays Oct. 11, Nov. 8, Jan. 10

Grades 3-5: Fridays Oct. 25, Nov. 22, Jan. 24

Time: 3:15-4:30pm. **Location:** Ellendale Media Center.

Cost: \$5.00 per person for all 3 sessions

Register by: Friday, Oct. 4th



Grades: 3-5 **Instructor:** Macy W.

The school year is already upon us and that may mean your child will be home

alone for an extended period of time until you get home from work or an outing. Whether left alone for an hour or a few hours a day, your child should feel comfortable being alone. This workshop for children will address several topics relating to being "Home Alone". You also get your own first aid kit to bring home with you!

Date: Tuesday, Sept 24 **Time:** 3:15-5:15pm

Location: Ellendale Media Center. **Cost:** \$26 per student

Register by: Thursday, Sept. 21

After-School & Summer Art Club

for students in 2-6th grade.

All classes will begin & end in the Community Education room at the Secondary Building, room #C113.

Session 1: MASON JAR GHOSTS

Cost: \$15. **Date:** Wednesday, Oct. 23rd

Time: 3:30-5:00pm

Register by: Monday, Oct. 11th

Have a lot of fun hanging out with Friends while making this awesome Craft for Halloween! All supplies are included. Hot glue will be used.



Session 2: Make & Take Ornaments

Cost: \$15 **Date:** Thursday, Dec. 12

Time: 3:30-5:00pm

Register by: Monday Dec. 2nd

Come create with us! You will have several ornaments to choose from to make and bring home with you for your tree! Hot glue will be used.



Session 3: STRING ART

Cost: \$20 **Date:** Thursday, January 16

Time: 3:30-5:30pm **Register by:** Thurs. Jan. 2nd

Join us in creating your very own string-art. You will make one of 3 different designs and will be walked through this step-by-step process so you too can learn how to make string art!



Register for all 3 sessions for \$45.00!



Babysitter's Training Program

Ages: 10-18

**American
Red Cross**

Instructor: Jackie Anderson (17 years of experience as ARC instructor)

Email: anderson4redcross@gmail.com

The Babysitter's Training program is designed to educate young individuals with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training helps participants develop the leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave, and learn about basic child care. Participants will

learn how to provide care for an infant and child choking, as well as learning how to provide rescue breathing.

Materials required: Babysitter's Training Handbook (digital download is free).

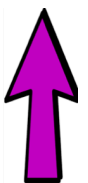
Check out this online resource: <https://www.redcross.org/store/babysitters-training-participants-set/655633.html>

Date: Saturday, Oct. 26 **8:30-3:30pm.** **Cost:** \$90 per student – this includes the fee given to ARC for certification.

New Richland Secondary School – Media Center (enter door #1E).

Register by: Wed. Oct. 21

**\$50 youth
scholarships
for classes
or activities
available
(see page 4)**



Bring your own snacks and a sack lunch! Max. of 20 students. Another class will be offered if needed.

More information and registration will be out closer to Oct. 30th



YOUTH KICKOFF

OCTOBER 30TH- 7PM

NRHEG HIGH SCHOOL- LOWER COMMONS



Follow NRHEG Basketball on Facebook

SUNDAY SPECIAL

MINI HOOPERS

1ST AND 2ND GRADERS COME LEARN BASKETBALL SKILL DRILLS AND HAVE SOME FUN WITH THE BOYS AND GIRLS BASKETBALL COACHES

WHEN: NOV. 3RD, 10TH, DEC. 1ST, 8TH, JAN. 12TH, 19TH (1:30-3:00)

WHERE: NRHEG MIDDLE SCHOOL GYM ENTER THROUGH DOOR 6W (BACK PARKING LOT)

COST: \$30 (GET A T-SHIRT)

Registration info to come

PERFORMANCE CHEER TEAM

Practice times: TUESDAYS, 6:00-7:30PM.

October – January

\$75 per participant

(grades 3-9)

Start Date:

Tuesday Oct. 1st 2024.

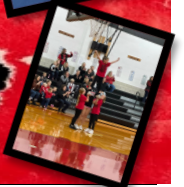
Ellendale Elementary North Gym. Enter through the north doors of the Elementary School.

For all students currently in grades 3-9 this fall (2024)

The Performance Cheer Team will only perform at local sporting events

Sign up using the attached registration form Registration deadline is Friday, Oct. 4th!

Register early as the maximum enrollment number will be enforced



YOUTH CHEER CAMP

Learn a cheer and dance from Varsity Cheerleaders and perform at Halftime of the Homecoming Football Game!

Cheer Camp is open to students in grades 1-5

\$50 (includes 2 practices, the halftime performance, and a t-shirt)

Registration Deadline: Friday, Sept. 9th in order to receive a t-shirt.

Practice times will be Wed. Sept 18 & Wed. Sept. 25th 3:30-5:30pm in the Ellendale Elementary North Gym. Be dressed for physical activity, wear tennis shoes, and bring a water bottle and snack! The Halftime Performance will be at the NRHEG Homecoming football game. More details to follow! Register using the Registration form, flyer, or QR Code. Payment is due to Community Education BEFORE camp begins.

Students will receive free admission to the football game. Family members will need to pay to get in.



Plymouth, MN

Urban Air ADVENTURE PARK



Urban Air Adventure Park – Plymouth is the largest indoor amusement park in the Twin Cities’ west metro area with over 68,000 square feet of thrilling fun attractions. Height restrictions apply to some rides, please visit <https://www.urbanair.com/minnesota-plymouth/> for more information. **Platinum Package:** Includes ProZone Performance Trampolines, Battle Beam, Warrior Course, Tubes–Indoor Playground, Basic Trampolines, Dodgeball, Drop Zone, Slam Dunk, **Sky Rider Coaster, Ropes Course, Leap of Faith, Climbing Walls, Go-Karts**, 2 slices of pizza and a bottle of water! Your child must be 48” or taller to ride the bolded equipment above. We will be at the park from 10:00am to 1:00pm.

Ages: 2–6th Grade

Cost: \$50 per child. 48” or taller recommended for full use of ticket.

Date: Monday, Nov. 4th (non-school day)

Time: 7:35am–3:30pm (specific times below)

Registration Deadline: Mon. Oct. 21

Pick-up Locations:

NR Secondary School at 7:35am by door #1E
Ellendale Elementary at 7:55am by door # 3

Return Locations:

Ellendale Elementary at 3:00pm by door # 3
NR Secondary School at 3:25pm by door # 1E

Please have you child arrive 5 minutes early and keep in mind return times are approximate and may fluctuate some due to traffic congestion.

Snacks are available for purchase on-site (food cannot be brought in). Please send additional money with your child (that they will be responsible for) for snacks during the day if they want.

****Waivers MUST be completed and turned in before you child will be allowed on the bus. Waivers will be emailed to you or paper copies will be available for your child in the school offices or on the Community Education website at:**
<https://www.nrheg.k12.mn.us/Page/2063>.

****Please be sure to include your child’s pick up & drop off location on your registration form when registering. Adult Volunteer Chaperones are welcome (Must pass a background check). If you are selected to be a chaperone your ticket and a ticket for one child will be complimentary. Please indicate on registration form if you would like to be a chaperone.**

****We need a minimum of 40 participants in order to run this youth bus trip**



NRHEG CLAY TARGET TEAM

Grades: 6-12. Available in both fall and spring, this league is for students who have a valid gun safety certificate and have an interest in shooting sports. This is the fastest growing high school sport in MN! The State Class Championship represents the largest youth trap shoot in the nation and the MSHSL State Tournament is currently the only one of its kind in the nation.

Fall League: begins in mid-September and goes for 6 weeks with no state shoot at the end. It’s a great way for students to introduce themselves to the sport before the Spring League. Registration for the Fall League begins in August so being on the mailing list before school starts is very important. Shoots are held at the Owatonna Gun Club. Registration covers 2 rounds of targets per week for the 6-week season, the cost of league registration, a meal at our fun shoot, and a team shirt.

Spring League: involves weekly shoots one night per week starting the first week of April and going through the MSHSL State Tournament in late June. Shoots are held at the Owatonna Gun Club. Registration covers 2 rounds of targets per week for the 10-week season, the cost of league registration, state shoot registration, a meal at our fun shoot, and a team shirt.

All students provide their own firearms, ammunition, and safety gear. Students from neighboring school districts without a team or who are home schooled are also welcome to join us!

For more information contact Dan Sorum at 507-417-2627 or email him at dsorum@nrheg.k12.mn.us. If you wish to be placed on the team mailing list email Mr. Sorum your contact information ahead of time.

ALL FEES need to be sent to Mr. Sorum (306 Ash Ave. South, New Richland, MN 56072) with checks made out to NRHEG Community Ed. with Clay Target in the memo. Registration is set in January so getting on the mailing list is important for up to date information.

Parent's Supplemental Course For students enrolled in Driver's Education

If you are the "primary driving supervisor" who will supervise a teen driver for the majority of their required driving hours, you will benefit from this 90 minute class. Effective January 1st 2016, every driver under the age of 18 who completes behind the wheel instruction and is testing for a provisional driver's license must submit a driving log.

Parent/guardians have two options regarding the supervised driving log:

1. Complete this supplemental parent class and then submit a supervised driving log showing their teen has completed at least 40 hours (2,400 minutes) of supervised driving, 15 (900 minutes) of which are night time hours
2. If the parent/guardian chooses to not complete this supplemental parent class, the driving log must show that their teen has completed at least 50 hours (3,000 minutes) of supervised driving, 15 (900 minutes) of which are night time hours.

This course will cover the graduated driving license law information, safety risks for teen drivers, potential adult influence on teen driving behavior, and additional resources.

THIS CLASS IS NOT MANDATORY.

Class dates and information will be announced during the classroom portion of Driver's Ed. Flyers will be sent home with your student.

DRIVER'S EDUCATION



Classroom instruction for Driver's Education will be held during the two weeks in between fall and winter sports (end of October / beginning of November) for those eligible for Driver's Education this year.

Classes are held in New Richland.

Students will receive information at school to bring home

NRHEG Food Service 2024-2025

We are pleased to inform you that the Minnesota Free School Meals Program continues to provide nutritious meals at no cost to all students in our schools. This initiative ensures that every child has access to healthy food, which supports their learning and well-being.

Even though all students in our district are eligible for free school meals, we would like your help. Please complete the Application for Educational Benefits (Free and Reduced) form, which is crucial in providing additional support and resources to our schools. Applications for Educational Benefits determine how much funding our school receives for educational programs, free summer meal eligibility, and may also qualify for other program fee reductions.

You can [apply online](#) in the JMC Parent Portal
Click "Registration for 23-24"
Click "Application for Educational Benefits"
OR

Complete a paper copy of the Application for Educational Benefits [and return it to school](#).

You can pick these up at school or print a copy from the NRHEG website under "Food Service/Nutrition."

SUNDAYS

OPEN GYM

SCHEDULE

E.O. Sunday Jan - March
2:00-4:00pm

FEE

Daily Admission: \$1.00

New Richland

Jan. 5 Feb. 9
March 9

Ellendale

Jan. 26. Feb. 23
March 23

EQUIPMENT AVAILABLE:

Basketballs
Kickballs & bases
Misc. equipment



Additional days may be added based on popularity

Children under the ages of 8 years must be accompanied by a responsible adult/older sibling. NO STREET SHOES (tennis shoes only). Enter door #6 in New Richland & Door # 8 in Ellendale to sign in

SECONDARY SCHOOL INFORMATION

REMINDERS OF UPCOMING DATES & EVENTS

SEPTEMBER

22th Homecoming Coronation in HS gym at 7:00pm
27th Homecoming Game at 7pm versus Medford



OCTOBER

8th Parent/Teacher Conferences, 4-8pm
17 & 18 No school, MEA break
28th Inside/Outside Marching Concert at 7:30pm



NOVEMBER

4 & 5 – no school (teacher planning & staff development)
28 & 29 No School - Thanksgiving



DECEMBER

9th Jr. High (6-8th grade) Band & Choir Winter Music Concert 6:00pm
9th Senior High (9-12th grade) Band & Choir Winter Music Concert 7:30pm

WINTER SPORTS



Information for 7-12TH Grade Students

BOYS BASKETBALL

GIRLS BASKETBALL

WRESTLING

SIDELINE CHEER

BOYS/GIRLS HOCKEY (co-op with Waseca)

GYMNASTICS (co-op with Waseca)

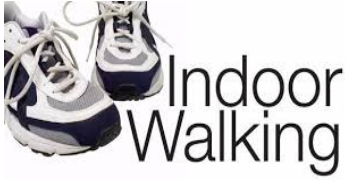
DANCE (co-op with Albert Lea)

Registration information will be sent out through JMC email for all 9-12th grade families the end of September. Watch for more details and this email soon!

More information can be found at:
<https://www.nrheg.k12.mn.us/domain/732>



Join us for the walking program in the New Richland or Ellendale building!



Indoor Walking

You will need a Panther walking badge, which must be worn while walking. They can be picked up when you register at the Ellendale or the New Richland School District Office or call 507-417-2667.

Time: 6:45-7:30am and/or 3:30-7:30pm

Dates: Only available on school-days

Cost: \$5 per person each year to join regardless of when registering.



All Ages Welcome

Schedules could vary each week dependent upon Ellendale & New Richland gym availability and participants' schedules. Please join our Facebook group. "NRHEG Pickup Basketball"

to find the times/dates/locations each week. We typically play Wednesday evenings and Sunday mid-day! Feel free to bring your own basketballs!

Cost: \$3 at the door.
Leader: John McGinnis



TOTAL BODY FITNESS

MONDAYS - WEDNESDAYS - FRIDAYS 5:00AM TO 6:00AM
LOCATION: NR Secondary School weight room, enter through door #17

ALL FITNESS LEVELS ARE WELCOME! Join Emily for a unique & customized group workout experience! She understands that every person is unique and every goal is personal, so by working together we can build healthy, happy people! Our unique personalized workout classes offer a wide variety of movements, routines, and challenges based on the strengths of the coach, the equipment available to us and the spaces we are provided. This is a truly customized group fitness class that offers multiple workout options 3 days a week so eventually you will discover multiple options/pathways within each of our workouts to help you achieve your goals!

Session 2 Dates: Sept. 4 – Nov. 1 \$85 per person / 9-weeks

Session 3 Dates: Nov. 4 – Dec. 27 \$75 per person / 8-weeks

Session 4 Dates: Dec. 30 – Feb. 28 \$85 per person / 9-weeks

Session 5 Dates: March 3 – April 25 \$75 per person / 8-weeks

OPEN GYM

Sundays

SCHEDULE

E.O. Sunday January – April.
2:00-4:00pm

New Richland

Jan. 5
Feb. 9
March 9

Ellendale

Jan. 26
Feb. 23
March 23

FEES

Daily Admission = \$1.00

EQUIPMENT AVAILABLE:

Basketballs
Kickballs & bases
Misc. equipment

Additional days may be added based on popularity

Children under the ages of 8 years must be accompanied by a responsible adult or older sibling. NO STREET SHOES (tennis shoes only). Enter door #6 in New Richland & Door #8 in Ellendale to sign in

Stay Active & Independent for Life

Do you wish you could improve your strength, balance and flexibility?

Do you want to decrease your risk of falling?

This free exercise program is for you.



Stay Active & Independent for Life (SAIL) is an evidence-based exercise program proven to prevent falls and improve health and well-being.

Designed for older adults, SAIL classes include strength, balance, flexibility and moderate aerobic training. Performing exercises that improve strength, balance and fitness are the most important activity that adults can do to stay active and independent. Exercises can be performed seated or standing.

NEW RICHLAND

EVERY WEDNESDAY AND FRIDAY
9:00 – 10:00 A.M.

TRINITY LUTHERAN CHURCH
204 FIRST STREET NW

Walk-in Registration
This is a FREE program

 ACTIVE AGING PROGRAMS
Catholic Charities of Southern MN

Contact Marlene with questions
or to pre-register:
507.450.1518
mlievine@ccsomm.org



NRHEG COMMUNITY ED

Dinner & Show Bus Trip

SUNDAY, NOVEMBER 24, 2024

\$72/PERSON AND OPEN TO ALL AGES

Mediterranean Cruise Cafe

The Ansari brothers used their strong Mediterranean heritage to create many original delicacies from Jerusalem, Palestine, Lebanon, Jordan, Egypt, Morocco, Italy, Turkey and Greece. Mediterranean Cruise Cafe has been recognized as the one of the top restaurants in the Twin Cities. Participants are able to choose the buffet or order off menu at their own out-of-pocket expense.

Cirque Musica: Holiday Wonderland

Featuring awe-inspiring acrobatics, gravity-defying aerial feats and talented musicians and singers, Cirque Musica Holiday Wonderland takes audiences on a spectacular journey where the magic of the holidays come alive in a dazzling display of talent and spectacle. The event will be held at the Ames Center, which is directly across from the restaurant in the stunning Masquerade Theater, where there is not a bad seat in the house!

Event Timeline

- 10:15am Pickup in New Richland
- 10:30am Pick up in Ellendale
- 11:45am Anticipated arrival at Mediterranean Cruise Cafe
- 1:30pm Check in and seated at Ames Center
- 2:00pm Showtime!
- 4:15pm Anticipated departure from Burnsville
- 5:30pm Drop-ff in Ellendale
- 5:45pm Drop-off in New Richland

Included Costs

Bus expenses and event tickets are included in the per person cost. The meal at the Mediterranean Cruise Cafe is out-of-pocket for each participant. There are other restaurants within walking distance, but there will not be transportation provided to alternative eateries. (Subway, Caribou Coffee, Savanh Thai, and Hildalgo Taqueria)

Deadline to Register: October 16, 2024 at 3:30pm


We need a minimum of 40 people to operate this trip. Registration and payment must be submitted by Monday, October 16, 2024.


****If you have mobility restrictions or special dietary requirements, please contact Krista Reeder directly at kreeder@nrheg.k12.mn.us**



REGISTER NOW

 Name(s) _____

 Address _____

 Phone _____

 Email _____

NEW RICHLAND

MINNESOTA
13



MINNESOTA
30

EST.

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9

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6

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CLUB

New Richland Commercial Club Events

November 16TH : Turkey Bingo at the City Hall.
Starts at 7:00pm



November 23rd : Shop Local Small Business Saturday. Check out all the holiday deals at your local small businesses!



November 30 : Cookies with Santa is at the NRHEG Secondary School, 9:30-12:00PM. Take your picture with Santa & Mrs. Claus anytime from 10am-11:30am..... Bring Your Cameras!



NEW RICHLAND AMBULANCE

COMMUNITY EDUCATION & TRAINING

OFFERS THE FOLLOWING COURSE:



CPR & First Aid



If interested:

message the Ambulance Facebook page,
email nramb@cityofnewrichlandmn.gov
or call 507-475-8410

REGISTER
ONLINE!



www.cityofnewrichlandmn.com
Click on "CPR Training Registration"

CPR TRAINING

Get certified. Save a life. You'll be glad you did.

Medicare: Learn About Medicare Basics & How To Enroll

Diane Beckmann

Sifting through the piles of mailers or searching for Medicare answers on the internet can be overwhelming.

Join us to learn all about Medicare and find answers to your questions. These seminars are for educational purposes only. No sales activity will be conducted. Free.

Date: Monday, November 11. **Time:** 6:00-7:00pm

Location: Waseca, MN Central Building Room 108

To Register: Call Waseca Community Education at 835-5626

Social Security: Timing is Everything

Diane Beckmann

Social Security is a vital income source for many retirees. But it can be a confusing topic, and making the most of it can have a lot to do with timing it right. Get answers to questions and learn what Social Security can mean for you. No sales activity will be conducted. Free.

Date: Monday, Oct. 14 **Time:** 6:00-7:00pm

Location: Waseca, MN Central Building Room 108

To Register: Call Waseca Community Education at 835-5626

or...

Date: Monday, December 9 **Time:** 6:00-7:00pm

Location: Waseca, MN Central Building Room 108

To Register: Call Waseca Community Education at 835-5626



SANTA BINGO

Hosted by the New Richland Ambulance Foundation

Saturday Dec. 7th

At the New Richland City Hall Community Room 7:00 pm
(doors open at 6:30)

\$15 per card for the night gives you 15 games PLUS a final Blackout Game!

Cash Prizes awarded for each game!

Day With Santa ^{Ellendale, MN}

Keep an eye out for flyers

AND

Check out the Ellendale Community Action Group Facebook page in December!

To find more events be sure to...

Like & Follow "City of Ellendale Minnesota" and "Ellendale Community Action Group"

[facebook](#)



Do you have a talent or hobby that you would like to share with others?

PLEASE consider joining Community Education's Instructors and get paid for doing what you love!

Possible classes of interest include:

- Painting
- Drawing/sketching
- Cooking/Baking
- Technology (smart-phone, social media)
- Pickle Ball
- Yoga
- Self-defense
- Arts & craft classes
- Barn Quilts

Please call Macy at 417-2667 for more information!



FLEXIBLE SCHEDULING IS AVAILABLE.

Morning routes, afternoon routes, morning and afternoon routes, evening routes, spring routes, fall routes, winter routes, summer routes, van routes, bus routes...

We can make any schedule work!!

Regular routes typically average 2 hours from start to finish.

Evening routes can run as long as 6 hours.

A great way to supplement your income as much or as little as you want.

TRAINING IS AVAILABLE

Don't be frightened away!

We will provide training for new drivers and make sure you are comfortable and confident behind the wheel.

We believe in working together as a team and helping each other out in any way that we can.

Come talk to us to learn more about how we can help you become a school bus driver!!

BENEFITS AVAILABLE

Competitive hourly pay

Free NRHEG Activity Pass

Flexible scheduling

Take your students to work, eliminate childcare expenses

Supplemental income

Giving back to our schools and our communities

Working with some pretty awesome people!

I'm a
Bus Driver
what's your
super power

NRHEG



Have questions? Need more information?

Talk to any bus driver or call Karla at 507.417.2605 or Mike at 507.417.2602

COMMUNITY EDUCATION REGISTRATION FORM

1 registration form per child please

Participant Name: _____

Address: _____ City: _____ Zip: _____

E-mail address: _____ Cell phone: _____ Work: _____
(email is NECESSARY for updates and notifications of class info.)

1. Class/Activity: _____

Date: _____ Time: _____ Fee: _____

2. Class/Activity: _____

Date: _____ Time: _____ Fee: _____

3. Class/Activity: _____

Date: _____ Time: _____ Fee: _____

How will your child be getting home after class/activity is complete(who will pick up)? _____

Where will my child be picked up & dropped off at (bus trips only)? _____

TOTAL AMOUNT ENCLOSED: _____ CHECK #(s) _____ *Checks payable to: Community Ed*

***** Field trips will require an additional form & waiver to fill out - located in a school office or on our website.**

PARTICIPANT EMERGENCY CONTACT INFORMATION

STUDENT GRADE: _____ AGE: _____ ALLERGIES: _____

PERTINENT MEDICAL INFORMATION : _____

1. PARENT/GUARDIAN/RELATIVE/FRIEND NAME: _____

PHONE: _____ CELL: _____

2. PARENT/GUARDIAN/RELATIVE/FRIEND NAME: _____

PHONE: _____ CELL: _____

RETURN FORM TO:
NRHEG Community Education
306 Ash Ave. South
New Richland, MN 56072

MAKE CHECKS PAYABLE TO:
NRHEG Community Education. Please
send separate checks for sports/trips &
enrichment classes.

**You will be registered when the payment
is received. If the class is cancelled, all
checks will be returned or shredded.**

COMMUNITY ED. REGISTRATION POLICIES

REGISTRATION INFORMATION

- *Prompt registration is encouraged as space is limited and classes may fill quickly. Additional class times may be added if needed.
- *Classes without enough participants will be cancelled
- *Classes are filled on a first-come, first-served basis. Waiting lists will be formed once classes are full.
- *Confirmations of class registrations are NOT sent. Please assume you are registered unless otherwise notified.
- *At this time phone and email registrations cannot be accepted. Please register via mail or in person. Include fee payment with registration form, as registrations will not be taken without payment

REGISTRATION FEES

- *Fees for ALL activities are due at time of registration. Please register by the deadline. Make checks payable to NRHEG Community Education. Please use a separate check for each activity & put the name of the class in the memo line.

TRANSPORTATION

- *Parents are responsible for their student's transportation unless noted otherwise. When picking up your student from class, please be prompt, as additional supervision is not provided.



NRHEG Public School District #2168
Community Education
Macy Whiteside, Director
<https://www.nrheg.k12.mn.us/domain/49>
507-417-2667
mwhiteside@nrheg.k12.mn.us

CANCELLATIONS

- *In the event of school cancellation (late start, early out, or all day) classes/activities scheduled during this time will be cancelled. All programs that are cancelled or partially cancelled due to the weather will be attempted to be made up at the convenience of the instructor and facility schedules. No refunds will be given on classes that are cancelled or partially cancelled due to the weather.

SCHOLARSHIP INFORMATION

- *Families who qualify for the free/reduced price meal program may receive a reduction in class fees. Families may call NRHEG Community Ed to determine if they meet the criteria.

South Country Health Alliance (SCHA) members may take up to \$15 discount per class on most classes, limit of 5 discounted classes per year. If a class is less than \$15, the member may take the class free of charge. Members must be on SCHA at the time of registration, and through the duration of the class(es). Members must register in person I the Community Ed office and show SCHA card at the time of registration.



REFUNDS

- *If a class is cancelled due to low enrollment, fees are refunded or credited to your account. No refunds will be given 72 hours prior to class start date. Refunds will not be made after the first class meeting. Bus trips are non-refundable after the registration deadline and some classes may be non-refundable due to registration requirements.

- *In the event that a class is filled or cancelled, you will receive a cancellation notice by mail, email, or telephone – your registration fee will be refunded.

PHOTOGRAPHY DATA

- *Candid photos of participants in class or an activity may be used in NRHEG media and publications. You may decline authorization by contacting the Community Education Office at 417-2667

Does your child get FREE and reduced lunches? If so, they qualify for DISCOUNTS on our classes! Stop into the Community Ed Office (C113 Secondary Building) or email mwhiteside@nrheg.k12.mn.us today and fill out some paperwork!



NRHEG School District 2168
306 Ash Ave. South
New Richland, MN 56072

Non-Profit Organization
U.S. Postage Paid
Permit No. 1
New Richland, MN 56072

Postal Customer



NRHEG COMMUNITY EDUCATION

Fall/Winter 2024 District Brochure



School 2024-2025 Office Hours:

District Office: School year: Monday-Friday 7:30-4:00pm.

Elementary School Office: School year: Monday-Friday 7:30-4:00pm

Community Education: School year: Monday-Friday 7:30-3:30pm.

**contact District Office if CE Office is unavailable/closed*